



CLEVELAND COUNTY WELLNESS COMMITTEE

MINUTES

FRIDAY, JANUARY 27, 2017

9:00 a.m.

Chairman Harold Haralson called to order this 27th day of January 2017 the regularly scheduled meeting of the Cleveland County Wellness Committee in the conference room at 122 E. Eufaula. Roll call taken and recorded by Tammy Belinson, County Clerk/Secretary, as follows:

Those present were: Harold Haralson, Tammy Belinson, Doug Warr, Leann Clements, Bryan Jenkins, Sarita Scott, Brian Wint, Brenda Hill and George Mauldin.

Those absent were: John Roberts, Jacob McHughes, Carrie Welles, Bryant Rains and Christina Newburg.

Ex-officio members present: Linda Atkins, Mona Nelson, Brittany Marshall, Jennifer Slawson and Meredith Rowland, NP.

After the reading of the minutes of the Regular meeting of **November 18, 2016** and there being no additions or corrections, Brian Wint moved, seconded by Doug Warr, that the minutes be **approved**.

The vote was: Harold Haralson, yes; Tammy Belinson, yes; Doug Warr, yes; Leann Clements, yes; Bryan Jenkins, yes; Sarita Scott, yes; Brian Wint, yes; Brenda Hill, yes; George Mauldin, yes.

Motion carried.

A. Items of Business:

1. **Chairman Harold Haralson** updated that three **RFQ's** were received for the employee health scans. He said that Norman Medical Imaging was completely out of the price range. The other two bids being compatible in price, HealthCheck and Norman Regional Health System were awarded as multiple vendors as per bid summary.

2. **Chairman Harold Haralson presented a data report for Todd Gibson** on the County Wellness Gym Facility. December 2016: 231 Users, 8 on the busiest day. George Mauldin said that more data can be provided if needed.

Chairman Haralson asked who monitors the security cameras there now. Brian Wint said that it is the same as the cameras in the hallways. It is not monitored; it is just there for a recording in case it is needed. It records to the basement on this side. If something were to happen it can be recalled. Any motion is recorded. There is a camera on each floor. There are cameras in the hallway and one covering the entrance.

Doug Warr asked if there was a panic button or emergency button should someone have a heart attack.

Brian Wint said that there is a cardio machine at the front entrance. There is not a phone and discussed the need for one on both levels.

Chairman Haralson asked should phones be installed. It was discussed to put one upstairs and downstairs.

Further discussion concerned the possibility of having an emergency phone that dialed 911.

Brian Wint said that they could sit the phones to dial 911. He said there are “exercise at your own risk” signs posted.

George Mauldin discussed a couple of requests for additional pieces of exercise equipment for the gym. He presented basic information on the Concept 2 Model rowing machine and the Versa Climber 4X that are functional training workout equipment.

Brian Wint moved, seconded by Leann Clements, to purchase the Concept 2 Model rowing machine and the Versa Climber 4X presented by George Mauldin.

The vote was: Harold Haralson, yes; Tammy Belinson, yes; Doug Warr, yes; Leann Clements, yes; Bryan Jenkins, yes; Sarita Scott, yes; Brian Wint, yes; Brenda Hill, yes; George Mauldin, yes.

Motion carried.

3. There was no **Presentation** from Emergency Management Director regarding Wellness Committee issues at this time.
4. During **Employee Health Clinic Update**, Meredith Rowland, NP, said that it is the flu season and flu shots are still available. The Clinic has been brainstorming on Wellness ideas for spring and summer such as having a picnic and added that this the beginning stages of discussion. Tammy Belinson said the picnic is a great idea because people will always gather around food.

B. No new business at this time.

C. No discussion was had by the **Wellness Committee Members** regarding business at this time.

D. There being no further business to come before the Board, Bryan Jenkins moved that the meeting be **adjourned** at 9:20 am. Brian Wint seconded the motion.

The vote was: Harold Haralson, yes; Tammy Belinson, yes; Doug Warr, yes; Leann Clements, yes; Bryan Jenkins, yes; Sarita Scott, yes; Brian Wint, yes; Brenda Hill, yes; George Mauldin, yes.

Motion carried.

(Clerk's Note: Agenda posted on January 24, 2017 @ 11:21 AM.)

Cleveland County Wellness Committee
CLEVELAND COUNTY, OKLAHOMA

Absent

Harold Haralson, Chairman

ATTEST:

Tammy Belinson

Tammy Belinson, County Clerk and Secretary to the Board

Minutes Prepared by:

Linda Atkins
Deputy County Clerk

